



From the Heart

I AM SO
GRATEFUL
FOR OUR
DONORS



I am so grateful for our donors who share our passion of helping children. With your support, we are able to have cutting-edge equipment to enhance the capabilities of our compassionate caregivers and provide the highest quality of care.

I see the impact of your support in every department, every program within the hospital, from the Pediatric Intensive Care Unit, where we care for the sickest of the sick, to the Operating Room, where we perform over 3,000 surgeries every year. From the pediatric behavioral health programs, where the impact of the pandemic has brought our young people increased stress, anxiety, and anger, to the Arts in Healing program, where hospitalized children use art to express emotions about their treatments and the world around them.

Whether it was at a past Kids at Heart Luncheon or through a donation to a pediatric area of focus, you have made a difference in the lives of our patients and their families, and I thank you. Please consider joining our Kids at Heart Giving Circle by making a monthly donation or a one-time gift. Visit kidsatheartcharitylunch.org or use the enclosed return envelope.

With your support, Sacred Heart Children's Hospital will continue to be a source of healing and care for children in need of medical treatment and their families.

Gratefully,

Mike Barsotti, MD
Chief Executive Officer, Sacred Heart Children's Hospital

HOW YOU CAN HELP

JOIN THE KIDS AT HEART GIVING CIRCLE AND MAKE A DIFFERENCE YEAR- ROUND.

Giving Circle members hear patient and family stories throughout the year, receive exclusive learning opportunities and have their names placed on the Children's Circle tree in the Serenity Room at Sacred Heart Children's Hospital. Plus, they will receive the highly coveted Kids at Heart coffee mug!

**To join, visit
kidsatheartcharitylunch.org
or return the enclosed
envelope.**

**GIVING CIRCLE MEMBERS HAVE
HELPED TO ENSURE THAT OUR
PATIENTS AND THEIR FAMILIES
HAVE THE BEST POSSIBLE
EXPERIENCE WHILE BEING
TREATED AT SACRED HEART
CHILDREN'S HOSPITAL.**

In 2021 the Giving Circle helped make the following possible:

- NICU phone sanitizers to allow parents to bring their phone into the NICU without exposing their babies to outside germs.
- Covid-19 vaccination clinics for local students, ages 12-17 returning to school.
- Co-Parenting education for parents of our pediatric patients with complex medical needs as they work together to care for their child.

Your generous contributions make a difference:

- \$25 per month will provide a noise machine for an infant in our Eat, Sleep, Console drug withdrawal program.
- \$45 per month will offer treatment distraction to our teen patients by providing video games and bluetooth headphones.
- \$60 per month will allow a parent to take their Congenital Heart Disease baby/child home with a stethoscope to monitor their heart rhythms.
- \$100 per month will purchase a car seat, allowing an infant to safely go home.

From the Heart Fall 2021

Contributors: Carol Bonino & Melanie Miller
Graphic Designer: Danita Urban

**Providence Health Care Foundation
509-474-4917
Kidsatheartcharitylunch.org
Providence.org/givingewa**



Laughs From the Heart

Q: Why is a doctor always calm?
A: He has a lot of patients.

A man sees a surgeon and says "it hurts when I touch my neck, my arm or my chest".
The doctor says, "you've broken your finger".

Had to wait ages for my X-ray today at the hospital.
There was only a skeleton staff working.

THEN AND NOW:

THESE DAYS, LEVI IS A TYPICAL EIGHT- YEAR OLD KID:

HE LOVES RIDING HIS
MOUNTAIN BIKE,
SKATEBOARDING, AND
DOING JUST ABOUT
ANYTHING THAT KEEPS HIM
OUTSIDE UNTIL HIS
PARENTS CALL HIM IN FOR
THE NIGHT.



However, a flu-like illness in February 2018 was anything but typical. Levi was rushed to the emergency department at Sacred Heart Children's Hospital when his symptoms quickly worsened. "He coded within 25 minutes," Levi's father, Randy Kimberling, said. Mercifully, CPR saved his life, but the situation was dire. Levi suffered from a complex amalgam of illnesses, including influenza B, adenovirus, pneumonia, strep, and necrotizing pneumonia. His parents were told that he had a minimal chance of surviving surgery, and only a 50 percent chance of even making it to the elevator.

Levi was quickly put on life support. An ECLS machine (extracorporeal life support) took over the work of his heart and lungs so that his organs could heal. Levi stayed on the ECLS for 51 days, longer than any pediatric patient ever at Sacred Heart Medical Center. After 91 days in the Sacred Heart Children's Hospital, Levi was finally cleared to go home.

Levi was featured at the 2019 Kids at Heart luncheon, and in 2020 became the region's Children's Miracle Network Hospitals Champion Child. Levi and his parents shared their story in person, on television and on social media in an effort to raise funds for Sacred Heart Children's Hospital. They continue to be advocates for the hospital and for the caregivers who serve the youngest patients in our community.

"We look to Sacred Heart Children's Hospital as more than just a hospital; it is a place where people go to heal. There is never enough that can be said about the hospital," Randy said. "The nurses and doctors are second to none and made sure that the best possible outcome was reached. Their knowledge and care are amazing."

Randy also acknowledged the critical role donors play in helping kids heal. "Donors make it possible for the hospital to purchase lifesaving equipment – like the ECLS – that they otherwise would have to go without. That machine is what kept Levi alive." Through the generosity of donors, including Kids at Heart Giving Circle members, Sacred Heart Children's Hospital was able to purchase another lifesaving ECLS machine in 2021.



Although it's been three years since Levi's experience at Sacred Heart Children's Hospital, the Kimberlings stay connected with the caregivers who saved his life. Levi, now a second grader at Brentwood Elementary, enjoys PE, music classes, and likes to read. He and his family will be forever grateful that Sacred Heart Children's Hospital was here when they needed it most.





Providence Foundation
Eastern Washington
101 W. 8th Ave.
Spokane, WA 99204

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