



From the Heart

LIFE- GIVING CARE FOR OUR TINIEST PATIENTS



If you have a critically ill child, the last thing you want to hear is that you need to travel across the state for care that is not available in Spokane.

These transfers of fragile children can be risky and are hard on families.

Thankfully with the wide array of specialists and services at Providence Sacred Heart Children's Hospital, we can treat babies and children for most conditions.

Acute kidney failure can be an associated problem with many significant medical illnesses in children. At SHCH we have been able to treat our children with kidney failure with hemodialysis; however, children less than 1 year old with associated kidney disease would have needed to be transferred to Seattle for this lifesaving treatment.

This summer, with the generous support of the Providence Inland Northwest Foundation, we were able to purchase Carpedium CRRT machines, ensuring we can provide kidney support for younger patients in our NICU and PICU. Additionally, the Foundation purchased hemodialysis machines that were specifically designed for children. Today, we can proudly offer full inpatient kidney support for our sickest children right here in Spokane.

Philanthropy has never been more vital to delivering world-class care to kids throughout our region. Each and every day, your gifts make an incredible difference in the lives of our young patients and their families.

If you are not yet a part of our Kids at Heart Giving Circle, I hope you will consider joining me and making a monthly donation. To join or provide a one-time gift, please visit kidsatheartspokane.org or use the enclosed return envelope (and be sure to send back the enclosed card to brighten the holidays for a young patient).

Gratefully,

Mike Barsotti, MD

Chief Executive Officer, Sacred Heart Children's Hospital



GIVE THE GIFT OF HOPE & HEALTH GET A COOL MUG.



Join the Kids at Heart Giving Circle

Monthly recurring Giving Circle members will hear patient and family stories throughout the year, receive exclusive learning opportunities and have their names placed on the Children's Circle tree in the Serenity Room at Sacred Heart Children's Hospital. Plus, they will receive the highly coveted Kids at Heart coffee mug!

To join, visit kidsatheartspokane.org or return the enclosed envelope.

HONOR YOUR CAREGIVER

Have you or a loved one received exceptional care at Providence?

You can make a gift and thank them for their care and compassion!

Scan this QR code today:



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Editor: Melanie Miller | Contributor: Debbie Rauen
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Providence Inland Northwest Foundation
509-474-4917

kidsatheartspokane.org | Providence.org/givinginw

Thank you to our Giving Circle members making an annual donation of \$250 or more:

Dr. Michael and Anne Barsotti	Kiemle Hagood
Michael and Shari Bolander	Dr. Kara Mackenzie
Michael and Jean Bolkovatz	Mary and David Macri
Dr. Susan and Richard Boysen	J.W. and Melanie Miller
Katy and Edward Bruya	Mary Nyman
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Deanna Hildenbrand	Kyndrin and Sam Tenny
Incyte Diagnostics	Craig and Mary Troup
Kaye Linda Johnson	Barbara Tuttle
Dr. Kennard and Marie Kapstafer	



Share holiday spirit with a hospitalized child.

We invite you to share a heartfelt message and/or drawing on the enclosed card to help brighten the holidays for a child spending an especially difficult time in our Children's Hospital. Return the card in the enclosed envelope and SHCH caregivers will share your holiday messages with patients and their families this season. Your caring will be so appreciated.





BABY KATE AND MOM DEANNA



KATE (LEFT) AT MARQUETTE WITH FRIEND SOPHIA

Deanna says, "Kate is my favorite person in the world, and I will never stop being grateful to Providence for the care she received."



THEN & NOW: "NOTHING PREPARED ME TO HAVE MY NEWBORN AIRLIFTED FOR HEART SURGERY."

It was a seemingly normal pregnancy and delivery for mom, Deanna. Deanna's daughter Kate was born small, just under five pounds – but she appeared to be healthy.

Soon after her birth, a nurse noted that Kate's color was not as it should be, her little body had begun to fail from a previously undetected congenital heart defect.

Within minutes, Kate was airlifted to Providence Sacred Heart Children's Hospital where she was diagnosed with Pulmonary Atresia. This means the valve that controls blood flow from her heart to her lungs had not formed properly in the womb. When an opening between blood vessels leading from her heart closed, as is supposed to happen after birth, the valve was strained and had to be repaired. This condition is a congenital heart defect and Providence Sacred Heart Children's Hospital is home to a full array of physicians and services for congenital heart issues.

Kate needed open heart surgery to keep her alive.

"Back then, I remember that we were in shock and reeling from those unexpected events," said Deanna. "But we received the information we needed during it all and felt respected and so cared for throughout the entire process."

In what Deanna calls a miracle of the human body and the result of miraculous care, Kate was able to go home 16 days after surgery without special equipment. At nine months old, Kate had a planned second open heart surgery to fix a few things that were expected with her heart condition.

Deanna knew that Kate may need further surgery eventually, but she was cleared to live without limitations, needing only an annual checkup with her cardiologist.

Growing up, Kate was involved in many activities including sports and dance and she now enjoys weightlifting. "I was always last in the mile run, and I didn't wear swimsuits that showed the scar on my chest, but otherwise I didn't really think about it," Kate shared.

Kate is now 20 years old and a sophomore at Marquette University in Milwaukee majoring in biomedical sciences, with plans to become a Physician Assistant.

Kate knows that she will need another surgery at some point, but so far, she has had uneventful annual checkups. "I want to have kids, so I will need to have an artificial valve put in before that happens because of the extra stress on my heart during pregnancy and childbirth, but it can wait for now," said Kate.

YOUR GIFT TRULY MATTERS

YOUR MONTHLY-RECURRING OR ONE-TIME GIFT CAN MAKE A
HUGE DIFFERENCE IN THE LIVES OF OUR FAMILIES..



- You can support an infant in our Eat, Sleep, Console drug withdrawal program with a gift of \$25 per month to purchase a noise machine.
- \$45 per month could help provide a family with lock box to secure household knives, sharp objects and prescription drugs, preventing access to a pediatric patient struggling with mental illness.
- Help provide treatment distractions for teen patients by giving \$45 per month to help purchase video games and blue tooth headphones.
- \$100 per month will purchase a car seat, allowing an infant to safely go home.

**ARE YOU UPDATING YOUR ESTATE PLANS AND WANT TO INCLUDE
THE CHILDREN'S HOSPITAL IN YOUR WILL? WE CAN HELP.**

PLEASE CONTACT LISA SMITH, AT LISA.SMITH11@PROVIDENCE.ORG OR 509-863-2304.