



From the Heart

Dear Friends of Providence,

Thank you for your continued support through Kids at Heart. This year we are excited to commemorate the 20th birthday of Sacred Heart Children's Hospital. Throughout the year, we will celebrate the superheroes at our Children's Hospital: our caregivers, patients, families, and community supporters...like you!

In August of 2003, Sacred Heart Children's Hospital opened its doors to provide highly specialized, compassionate care for children across the Inland Northwest. Led by a group of pioneering physicians, nurses, administrative leaders and community volunteers, the Children's Hospital was established as the largest dedicated pediatric hospital between Seattle and Minneapolis.

Many of you have supported Sacred Heart Children's Hospital since the beginning, and we look forward to celebrating this wonderful milestone alongside you.

Thanks to philanthropic support, SHCH has accomplished so much in the last 20 years. A few highlights include:

- Building a pediatric emergency department to treat the needs of kids in crisis.
- Launching a hospital-based school program to help our kids continue in their studies and remain connected to their peers, all while receiving world-class treatment in our hospital.
- Increasing the number of behavioral and mental health patients we're able to care for through expansions of the PCCA and BEST programs.
- Providing art supplies and music therapy, renovating care units, funding specialty pediatric equipment, and so much more!

We gratefully acknowledge the donors who have made all this possible. There is so much to celebrate, and we have a whole year's worth of festivities ready for you to join us in honoring the 20th birthday!

I look forward to seeing you at one of our celebrations soon.

With gratitude,


Colleen M. Fox

Chief Philanthropy Officer
Providence Inland Northwest Foundation

20 YEARS
IN OUR
COMMUNITY





BE ONE OF THE COOL KIDS!

JOIN THE KIDS AT HEART GIVING CIRCLE AND MAKE A DIFFERENCE YEAR-ROUND.

Giving Circle members will hear patient and family stories throughout the year, receive learning opportunities and have their name placed on the Children's Circle tree in the Serenity Room at Sacred Heart Children's Hospital. Plus, all Giving Circle members receive the highly coveted Kids at Heart coffee mug each year!

To join, visit
kidsatheartcharitylunch.org
 or return the enclosed envelope.



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Providence Inland Northwest Foundation
509-474-4917

Kidsatheartspokane.org | Providence.org/givinginw

Thank you to our Giving Circle members for making an annual donation of \$250 or more:

- | | |
|--|--|
| <i>Ace on Francis</i> | <i>Dr. Kennard and Marie Kapstafer</i> |
| <i>Dr. Michael and Anne Barsotti</i> | <i>Kiemle Hagood</i> |
| <i>Michael and Jean Bolkovatz</i> | <i>Dr. Kara Mackenzie</i> |
| <i>Dr. Susan and Richard Boysen</i> | <i>Mary and David Macri</i> |
| <i>Katy and Edward Bruya</i> | <i>Mary and John Nyman</i> |
| <i>Sharon Carson</i> | <i>Passages Family Support</i> |
| <i>Dr. and Mrs. Chad P. Collins</i> | <i>Dr. Diane Paxton</i> |
| <i>Teresa and Eric Conway</i> | <i>Jeff and Kathie Philipps</i> |
| <i>Terah Cooper</i> | <i>Stuart and Kristin Prey</i> |
| <i>Cate Corcoran</i> | <i>Dr. Kristi and C Robert Rice</i> |
| <i>Tara and Justin Dawe</i> | <i>Kenneth Roberts and Jean O'Dell</i> |
| <i>Sarah Doxey</i> | <i>Margretta Scammell-Renner</i> |
| <i>Dr. Judy and Denis Felgenhauer</i> | <i>and Josh Renner</i> |
| <i>Zoe Foltz</i> | <i>Dr. Mark and Molly Schemmel</i> |
| <i>Colleen and Richard Fox</i> | <i>Timothy and Sarah Schwering</i> |
| <i>Randy and Tami Gnaedinger</i> | <i>Pamela Shane</i> |
| <i>Tana and Jim Gonser</i> | <i>Pam Sheldon</i> |
| <i>Fred Cox and Karla Greer-Cox</i> | <i>Julie Singer</i> |
| <i>Dawn Gregg</i> | <i>Susan Stacey</i> |
| <i>Loretta Hastings</i> | <i>Phil and Sheila Stalp</i> |
| <i>Valerie and Stuart Higginbotham</i> | <i>Kelly Stanley</i> |
| <i>Robert and Barbara Higgins</i> | <i>Kathy and Craig Tarcon</i> |
| <i>Deanna Hildenbrand</i> | <i>Kyndrin and Sam Tenny</i> |
| <i>Incyte Diagnostics</i> | <i>Craig and Mary Troup</i> |
| <i>Kaye Linda Johnson</i> | <i>Barbara Tuttle</i> |



Have you or a family member received compassionate and excellent care while at Sacred Heart Children's Hospital?

Would you like to thank and honor a caregiver with a meaningful note of gratitude and a gift in their name? Scan this QR code today to tell them thanks!





BEADS of Courage

Beads of Courage at Sacred Heart Children's Hospital provides innovative Arts-in-Medicine programs for pediatric patients coping with serious illness, their families, and the clinicians who care for them. Each time a patient experiences a medical procedure like a poke, a scan, a therapy appointment and more, their clinician presents them with a beautiful glass bead, as a tangible representation of their courage. This is healing both for our patient and their caregivers. Every time a bead is given - courage is honored, suffering is alleviated, resilience is strengthened, and the experience of human caring is affirmed. Beads celebrate good days for our patients and also, the more difficult ones.

Beads of Courage is funded through the philanthropic support of local Children's Miracle Network Hospital partners.

Samson with his Beads of Courage



OUR FOUNDING PHYSICIANS AND COMMUNITY MEMBERS PLANNED AHEAD FOR THE FUTURE OF HEALTHCARE IN OUR REGION AND MADE SACRED HEART CHILDREN'S HOSPITAL POSSIBLE. AS WE PREPARE FOR THE FUTURE, WE HOPE YOU'LL COME ALONG SIDE US AND CONSIDER A PLANNED GIFT FROM YOUR ESTATE TO HELP SUPPORT OUR CARE FOR CHILDREN. IN 2023, WE HOPE 20 COMMUNITY MEMBERS WILL CONFIRM THEIR COMMITMENT TO THE HEALTH OF OUR CHILDREN THROUGH A PLANNED GIFT. TO LEARN MORE OR FIND OUT HOW YOUR ESTATE PLANS CAN MAKE A DIFFERENCE

CONTACT LISA SMITH, AT LISA.SMITH11@PROVIDENCE.ORG OR 509-863-2304.



CELEBRATING 20 YEARS OF HEROES!



SAVE THE DATE! OCTOBER 7 @ 6PM
SPOKANE CONVENTION CENTER

WHAT'S YOUR SUPERHERO NAME?

**TAKE THE
FIRST LETTER
OF YOUR NAME**

- A: CAPTAIN
- B: WONDER
- C: SUPER
- D: PHANTOM
- E: DARK
- F: INCREDIBLE
- G: PROFESSOR
- H: IRON
- I: HAWK
- J: ARCHER
- K: STEEL
- L: BOLT
- M: ATOMIC
- N: TORCH
- O: SPACE
- P: MEGA
- Q: TURBO
- R: FANTASTIC
- S: INVISIBLE
- T: NIGHT
- U: SILVER
- V: AQUA
- W: AMAZING
- X: GIANT
- Y: ROCK
- Z: POWER

**ADD THE MONTH
YOU WERE BORN**

- JANUARY: SHIELD
- FEBRUARY: ARROW
- MARCH: JUSTICE
- APRIL: THUNDER
- MAY: RIDER
- JUNE: FALCON
- JULY: NINJA
- AUGUST: SPIDER
- SEPTEMBER: BEAST
- OCTOBER: BLADE
- NOVEMBER: HULK
- DECEMBER: DOOM

THEN AND NOW

JADE GRACZYK: “SOCIAL BUTTERFLY” & CHILDHOOD CANCER SURVIVOR



From the day she was born, Jade Graczyk loved to be around people, especially her friends. A bit of a social butterfly, Jade brought smiles and joy to everyone she met.

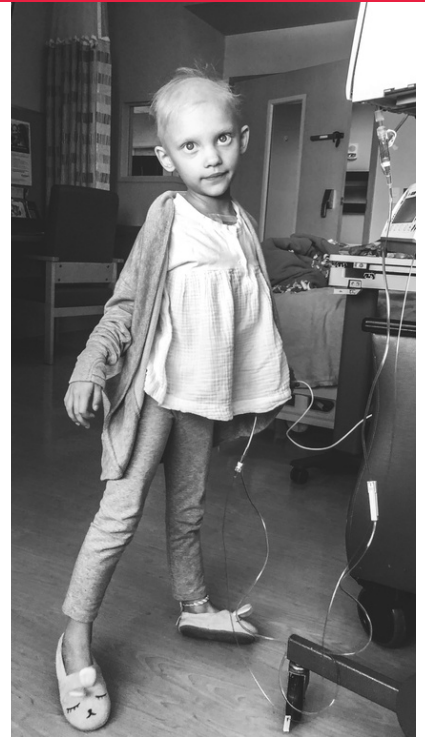
Looking back, parents Sarah and Ryan Graczyk of Spokane Valley, WA will never forget the evening when they realized something was really wrong with their then four-year-old daughter. Jade had always been a perfectly healthy, joyful and thriving little girl, but what started as a long-term Urinary Tract Infection (UTI) soon developed into something far more serious.

One evening in 2020, a tumor physically presented itself outside of Jade's body. Sarah and Ryan leapt into action and under the guiding care of Providence Sacred Heart Children's Hospital, they received news that no parent would ever want to hear. Jade was diagnosed with a Stage 4 Unfavorable Wilms Tumor. Her right kidney was completely taken over by the tumor, and she had several cancerous spots on her lungs. A large clot was also present in her Vena Cava (the critical circulatory passageway carrying blood to the heart from other areas of the body) and it had made its way inches from her heart.

The physicians, nurses, and cancer care team at Sacred Heart Children's Hospital partnered with the Graczyk family to map out a care plan that put Jade's health first, aggressively treating the invasive cancer. Jade endured 30 cycles of chemotherapy and over 10 hours of resection surgery and repair, followed by a three-night-stay in the Pediatric Intensive Care Unit (PICU) and eight radiation treatments. Sarah and Ryan believe Jade's life was saved through the benevolent grace of Sacred Heart Children's Hospital, her specialized treatment plan, and the innumerable blood transfusions she needed as a result of her condition. The Graczyk family was grateful to stay local throughout Jade's cancer journey with access to the leading cancer care offerings of Sacred Heart Children's Hospital while ensuring they could be near their three older children and work commitments, and continually surrounded by the comforts of home, friends and family.

On June 3, 2021, Jade rang the bell declaring she was officially cancer free. Now seven years old, she is in 2nd grade at school where she is flourishing. She is back to being a social butterfly, making up for lost time with her friends. The Graczyk family continues to go to Sacred Heart Children's Hospital every two weeks for phlebotomy (blood draws) appointments to monitor the extra iron in her blood due to previous transfusions and she also has scans done each quarter as a precaution.

Because of the heroes at Sacred Heart Children's Hospital, this "social butterfly" shows no signs of slowing down, and the Graczyk family could not be happier to see her spread her wings!





How you can help:

Giving Circle members have helped to ensure that our patients and their families have the best possible experience while being treated at Sacred Heart Children's Hospital.

In 2022, the Giving Circle has helped provide the following:

- Lock boxes for sharps and medications for families of pediatric patients struggling with their mental health.
- Clean Slate Sanitizers for the NICU and PICU to sanitize phones, tablets and technology, which decreases the spread of infection from families who come and go from the hospital.
- Pediatric Forget-Me-Not program, which works with parents and families when there is a concern for a baby's medical condition. When some babies do not survive, we assist with memory-making and long term bereavement support.

Your monthly-recurring or one-time gift can make a huge difference in the lives of our families...

- You can support an infant in our Eat, Sleep, Console drug withdrawal program with a gift of \$25 per month to purchase a noise machine.
- \$45 per month could provide a gas card to a family traveling to and from needed health care appointments
- \$100 per month will purchase a car seat, allowing an infant to safely go home from the hospital.